## WAXING AND THREADING BEFORE & AFTERCARE

Prior to your waxing or threading appointment, please observe the following:

- Do not use tanning beds for 48 hours.
- Stay out of direct sunlight 48 hours before we cannot wax sunburnt skin.
- Stop using all products containing Retin-A, Retinol, Renova for 72 hours prior.
- Stop using all products containing Alpha Hydroxyl Acid, Beta Hydroxyl Acid and Glycolic Acid for 72 hours prior.
- Inform your technician if you are on Accutane, antibiotics, or any other medications that may sensitize the skin.
- Botox & fillers must be administered 2 weeks before or after waxing/threading treatments.

Please observe the following after your waxing/threading treatment:

- Avoid direct sunlight and tanning beds for 7 days.
- Do not work out for 24 hours.
- No makeup for 24 hours.
- Avoid swimming in chlorinated water for 7 days.
- Avoid saunas, hot tubs, and steams for 7 days.
- No exfoliating products for 7 days.
- No Retin-A, Retinol, Renova, Alpha or Beta Hydroxyl Acid for 7 days.
- Make sure to keep your skin hydrated with moisturizer and always wear your SPF.