# PERMANENT MAKEUP & MICROBLADING AFTERCARE

### DAY OF TREATMENT

Gently blot the area with clean tissue to absorb excess lymph fluid. Do this every 5 minutes for the full day until fluid has stopped. Removing this fluid prevents hardening of the lymph. Eyeliner PMU or Lash Enhancement ONLY - clean eyes immediately after procedure. All other areas wait 24 hours to cleanse.

## **DAYS 1-14**

Gently wash each morning & night with water and a gentle, antibacterial soap such as Dial or Cetaphil. Lightly rub the area in a smooth motion for 10 seconds and rinse with water ensuring all soap is rinsed away. Gently pat dry with a clean tissue. Once the skin is completely dry, apply a small amount of aftercare ointment using a cotton swab. Blot any excess ointment and do not use any other products in the area.

Omit ointment step for Lash Enhancement ONLY.

- Do not use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.
- Use a fresh pillowcase.
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- No facials, Botox, chemical treatments or microdermabrasion for 4 weeks.
- Avoid hot, sweaty exercise for one week.
- Avoid direct sun exposure or tanning for 4 weeks.
- Avoid long hot showers for the first 10 days.
- Avoid sleeping on your face for the first 10 days.
- Avoid swimming for the first 10 days.
- Avoid topical makeup including sunscreen on the area.
- DO NOT rub, pick, or scratch the treated area.

\*Important notes about showering: limit your shower to 5 minutes so you do not create too much steam & keep face out of the water while you wash your body. Avoid excessive rinsing and hot water on the treated area.

## WHAT TO EXPECT

- Do not expect brows to heal perfectly after the first session. This is a 2-step, sometimes multiple step, process.
- Be patient during your 2 week healing process. Your brows will change and appear different from day-to-day, this is normal. They may go through a "Disappearing Stage", where the color may seem to have all faded away. Don't worry the skin is exfoliating and this is normal.
- Immediately after your procedure brows will appear darker and more defined. Normally after 5-7 days, it will fade 30%-50%. Your brow tattoo can appear more solid, hair strokes may seem to disappear and it may look wet and painted on. This is normal.
- Around days 4-5 you will experience scabbing and your brows may look dry and flakey. Do not pick your scabs, let them fall off naturally. If scabbing comes off prematurely, missing hair strokes will result and cause patchy brows.
- Your brow tattoo will take up to four weeks to fully heal.
- When the scabbing comes off, the hair strokes may seem faint this is because a faint layer of skin has healed over the brow tattoo. Give your brows a few weeks and the hair strokes will come clearer.
- You may experience itchiness in the brows after 10 days and up to two months due to the healing of the dermal layer.
- Not everyone's brow can heal clean and crisp. Hair strokes for oilier skin types tend to heal more solid & powdery while drier skin types tend to heal more crisp and defined.

#### TOUCH-UP

Please keep in mind this is a 2-step process. The first session is used to build the shape and gain symmetry. The second session is used to perfect the brows and add density.

- The first touch-up/second session is done within the first 60 days after the first session and the fee is currently \$100.
- It is your responsibility to book your touch up appointment. If your tattoo comes back too faded additional charges may apply.
- Do not expect perfect results after the first session.
- For clients with a darker skin tone, permanent makeup may not appear as bold or sharp as on lighter skin clients.
- Some client's skin may have a harder time retaining pigment and may require additional sessions.

## LONG-TERM CARE

There is no guarantee of results with microblading and permanent makeup. Everyone's results will vary due to skin type, lifestyle, the initial 10-day care regimen, and long-term care of your permanent makeup.

- Use at least SPF 50 to protect your PMU, sun exposure will cause fading and can alter the color of your tattoo.
- Do not use chemical exfoliants on your PMU this will cause it to fade faster.
- Do not get any laser services done in the area of your PMU some lasers may change the color of the ink.
- As the tattoo fades the strokes will get fainter and less defined.
- Maintenance is required to maintain desired results.
- Hair strokes brows typically last 6 months to 3 years.
- Touch-ups for any microblading or permanent makeup after the initial session are as follows:
  - 5-8 weeks after \$100
  - 9 weeks-18 months after \$250
  - 18+ months will be full price

<u>Please Note:</u> Touch-up/Refresher prices are for clients who originally had their first session at Flutter and Wink. If you had your initial session elsewhere, please book a consultation before booking the service.

