

L A S E R P R E - T R E A T M E N T I N S T R U C T I O N S

- No tanning, use of bronzers, or spray tanning for 3 weeks prior to treatment.
- No waxing, tweezing, bleaching or electrolysis prior to/or in-between treatments.
- Avoid the sun or use SPF 45+ sunblock.
- Bring shorts to your appointment if legs are to be treated.
- Day of your appointment- shave hair on the area to be treated and do not apply any oils or lotions on the skin.

It is the patient's responsibility to report any of the following prior to laser treatment:

- Tanning (inclusive of tanning beds) within 3 weeks of procedure
- Skin Cancer
- Previous side effects from laser treatments
- Use of Accutane, Tretinoin, Retin-A or Retinol
- Use of Photosynthesizing medications
- Changes or updates in medical history
- If you think you are or might be pregnant
- If you have herpes simplex

L A S E R T R E A T M E N T

A F T E R C A R E

- There may be temporary redness and slight swelling for a few hours following your treatment.
- Use a cool cloth or ice pack as needed for any discomfort.
- Rarely a small blister or scab may form. If this occurs, apply an antibiotic ointment. Call us to report any blisters, skin crusting, unusual pain or prolonged redness.
- No rubbing, shaving, or scratching for 24 hours.
- Avoid sun exposure for 3 weeks before and after treatment, use SPF 45+ for areas that cannot be covered.
- You may apply makeup on the treated area as long as the skin is not broke, blistered, or irritated.

Follow all aftercare instructions for optimal results. You may return for your next facial laser treatment in 4-6 weeks and body laser treatments in 6-8 weeks.