

EYELASH EXTENSIONS

PREPARE FOR YOUR APPOINTMENT

On the day of your appointment, please observe the following:

DO:

- Shower prior to your appointment. You won't want to get your lashes wet or exposed to steam for at least 24 hours after your appointment to allow the bond between lashes and glue to set properly.
- Wear comfortable clothing. You will be being laying down for 1 to 3 hours depending on your appointment type. Comfortable clothes will allow you to make the most of this time to relax and be pampered.
- Remove your contacts. Your eyes will be closed for the duration of the application process; in order to avoid any discomfort, it is suggested that contacts are removed to allow for maximum comfortability.

DON'T:

- Wear makeup. Makeup products worn close to the eye will need to be removed prior to the lash application process. Coming to your appointment with a clean face will save time and eliminate the need for you lash stylist to remove your eye makeup.
- Apply face creams or sunblock to the eye area. The oils included in many moisturizers and sunblock can prevent the eyelash glue from properly adhering to your natural lashes, dramatically reducing the longevity of your eyelash extensions.
- Wear mascara. Lashes must be fresh and clean in order to be properly prepped to receive eye lash extensions.
- Curl your lashes on the day of your lash application. Your eyelashes must be in the most natural and healthy state prior to your lash extension application. Please do not curl your eyelashes, or use any other manipulation on them the day of your appointment.

AFTERCARE INSTRUCTIONS

- Avoid getting your lashes wet for 24 hours.
- Avoid anything oil-based around the eye area. If you use an eye cream, either apply it in the morning and set with a powder or apply it at night very lightly and let it dry completely.
- Avoid sleeping on your face. Sleeping on your back or side is best. If you're sleeping on your side, make sure to tuck your pillow so that your eye is on the edge.
- Avoid the following while you have lash extensions:
 - Heat & steam (be mindful of cooking over a stovetop or oven)
 - Saunas
 - Swimming - saltwater and chlorinated pool water will break down the bond in the glue. Be sure to cleanse your lashes directly after swimming.
 - Makeup remover wipes/pads
 - Over-touching your eyes & lashes
 - Using a mechanical eyelash curler
 - Waterproof makeup
 - Mascara

CLEANSING YOUR LASHES

- Cleansing your lash extensions is a must - failure to do so may result in your lashes falling out prematurely, eye infections, lash mites, and permanent damage to your natural lash line.
- Cleanse your lashes once per day with a cleanser that is specifically formulated to use on eyelash extensions. We recommend using the LashBox LA Lash Cleanser with a soft bristle brush.
- Even if you don't wear makeup, it is important to still cleanse your lashes to avoid any build-up of dust, oil, and dirt that may accumulate on your lash line. The cleaner your lashes are, the longer they will last.
- Do not wash your lashes in the shower - the direct water pressure may cause lashes to come out early or become twisted. Only wash your lashes at the sink.
- Your lashes will dry quickly, but if you're in a rush you can blow them dry with your hair dryer turned up at the waist on a low heat setting. Only brush through your lashes when they are dry.