

DERMAPLANING AFTERCARE

Please observe the following after your dermaplaning treatment:

- Avoid direct sunlight and tanning beds for 7 days.
- Do not work out for 24 hours.
- No makeup for 24 hours.
- Avoid swimming in chlorinated water for 7 days.
- Avoid saunas, hot tubs, and steams for 7 days.
- No exfoliating products for 7 days.
- No Retin-A, Retinol, Renova, Alpha or Beta Hydroxyl Acid for 7 days.
- Make sure to keep your skin hydrated with moisturizer and always wear your SPF.

Dermaplaning can be done once every 3-4 weeks. Call us at (360) 521-0473 to book your next appointment or book online at www.flutterandwink.com.

